



COPA CLUBES PRE PROG C, 06/02/2010

ASTIAGUEIRO - A CORUÑA

Datos técnicos: Piscina de 25 m., Cronometraje Manual

06/02/2010

RK	Club	Nombre	Club	T.R.	Pts.	Resultado		
1	00784	C.N. GALAICO-SERCOYSA A	GALAICO		30,0	1:51.39		
		1 GOMEZ CORTES BEATRIZ	1994	50 - - - 27.69 27.69				
		2 PALLARES PEREIRA ANA	1980	100 - - - 56.31 28.62				
		3 FRANCO CAL ALBA	1991	150 - - - 1:24.08 27.77				
		4 RODIÑO MAQUEIRA NEREA	1989	200 - - - 1:51.39 27.31				
		2	00101	C.N. PABELLON ORENSE B	POURENSE		24,0	1:53.34
				1 RAÑA RUIZ MARIA ISABEL	1992	50 - - - 28.58 28.58		
				2 LIPPO DE LA TORRE ESTEFANIA	1993	100 - - - 56.91 28.33		
3 PRESAS PEREZ SANDRA	1990			150 - - - 1:25.29 28.38				
		4 PIMENTEL PEREZ LAURA	1993	200 - - - 1:53.34 28.05				
		3	00186	CLUB NATACION CORUÑA A	NCORUÑA		20,0	1:54.40
				1 MARTINEZ CANOSA RAQUEL	1991	50 - - - 28.26 28.26		
				2 PEREZ Y FERNANDEZ DE CORD A.	1991	100 - - - 56.45 28.19		
3 ABELEDO MAQUEIRA LUISA MARIA	1992			150 - - - 1:25.37 28.92				
		4 CARBALLO REY LARA	1991	200 - - - 1:54.40 29.03				
		4	00617	A.D. FOGAR A	CARBALL		18,0	1:55.90
				1 MARTINEZ PIÑEIRO LAURA	1991	50 - - - 28.27 28.27		
				2 DEL RIO REGUEIRA SARA	1991	100 - - - 56.41 28.14		
3 BARBEITO DOMINGUEZ MARTA	1984			150 - - - 1:25.52 29.11				
		4 BAÑA CALVO LETICIA	1994	200 - - - 1:55.90 30.38				
		5	00674	CLUB NATACION FERROL A	CNFERRO		16,0	1:56.47
				1 LOPEZ SANMARTIN NEREA	1996	50 - - - 28.52 28.52		
				2 GARCIA SOTO PATRICIA	1991	100 - - - 57.68 29.16		
3 NEBRIL NEBRIL SONIA	1994			150 - - - 1:27.46 29.78				
		4 VILLAR CAINZOS CLAUDIA	1992	200 - - - 1:56.47 29.01				

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6	00071	RCNVIGO A	RCNVIGO		14,0	1:56.78
	1	TORNERO VIÑAS INES	1993	50 28.74 28.74		
	2	FIGUEROA POUSA PAULA	1993	100 58.13 29.39		
	3	LAGO LOPEZ RAQUEL	1995	150 1:27.84 29.71		
	4	LAMEIRO LOPEZ MARIA	1994	200 1:56.78 28.94		
7	00784	C.N. GALAICO B	GALAICO		12,0	1:57.54
	1	VALIÑAS MONTEAGUDO LAURA	1994	50 29.69 29.69		
	2	CRESPO GONZALEZ MIRIAM	1990	100 59.02 29.33		
	3	CORES BARRAL PAULA	1990	150 1:29.17 30.15		
	4	VILARIÑO GARCIA XENIA	1991	200 1:57.54 28.37		
8	00186	C.N. CORUÑA B	NCORUÑA		10,0	1:58.14
	1	GARCIA-PUERTAS TORAL ALEJANDRA	1995	50 29.21 29.21		
	2	SAKULSKI OTERO COSIMA	1995	100 59.37 30.16		
	3	LOPEZ SOUTO ALBA	1993	150 1:28.99 29.62		
	4	IGLESIAS RODRIGUEZ BEATRIZ	1994	200 1:58.14 29.15		
9	00101	CLUB NATACION PABELLON ORENS A	POURENSE		8,0	1:59.25
	1	BLANCO SEARA LAURA	1995	50 29.68 29.68		
	2	ALVAREZ LIZ IRIA	1993	100 57.81 28.13		
	3	CRUZ MOURE CRISTINA	1996	150 1:28.28 30.47		
	4	BALSA PEREZ LAURA NEREA	1997	200 1:59.25 30.97		
10	00674	C.N. FERROL B	CNFERRO		6,0	2:01.66
	1	RIVERA ALLEGUE SARAI	1994	50 30.31 30.31		
	2	MIER MOURIÑO RAZIEL	1991	100 1:00.26 29.95		
	3	SOUTO DERUNGS CRISTINA	1985	150 1:31.29 31.03		
	4	ROMERO CARREY REBECA	1994	200 2:01.66 30.37		

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11	00617	A.D.FOGAR B	CARBALL		4,0	2:08.10
	1	RODRIGUEZ RODRIGUEZ NEREA	1992	50 30.06 30.06		
	2	GARCIA ANDRADE LAURA	1993	100 1:01.34 31.28		
	3	TARRIO MANGAS BALBINA	1994	150 1:35.08 33.74		
	4	BRAGE LOPEZ ANDREA	1997	200 2:08.10 33.02		
12	00071	RCNVIGO B	RCNVIGO		2,0	2:13.34
	1	MOURIÑO LOMBA SABELA	1997	50 33.31 33.31		
	2	ANTUNEZ FERREIRO SARA	1996	100 1:05.92 32.61		
	3	GOMEZ ECHEGARAY PAULA	1995	150 1:41.19 35.27		
	4	LAMEIRO LOPEZ ANTIA	1996	200 2:13.34 32.15		

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1	00674	CLUB NATACION FERROL A	CNFERRO		30,0	1:37.57
		1 SUAREZ VILELA LUIS MANUEL	1987	50 - - - 23.77 23.77		
		2 FERNANDEZ DOMINGUEZ ALBERTO	1987	100 - - - 49.33 25.56		
		3 SANJUAN OTERO MIGUEL	1991	150 - - - 1:14.74 25.41		
		4 GARCIA SOTO MARCOS	1988	200 - - - 1:37.57 22.83		
2	00186	C.N. CORUÑA A	NCORUÑA		24,0	1:40.16
		1 LOPEZ ARTABE JAVIER	1984	50 - - - 25.90 25.90		
		2 DOMINGUEZ LASHERAS JESUS	1983	100 - - - 49.77 23.87		
		3 TEIJEIRO FRAGUELA MARCOS	1989	150 - - - 1:14.48 24.71		
		4 SUAREZ HORTAS ANTON	1993	200 - - - 1:40.16 25.68		
3	00101	C.N. PABELLON ORENSE A	POURENSE		20,0	1:40.99
		1 CAAMAÑO GOMEZ DANIEL	1982	50 - - - 24.52 24.52		
		2 TABOADA VILA ALBERTO	1987	100 - - - 49.75 25.23		
		3 RODRIGUEZ FERRO ALVARO	1993	150 - - - 1:14.70 24.95		
		4 BALSA PEREZ PABLO ROI	1991	200 - - - 1:40.99 26.29		
4	00674	C.N. FERROL B	CNFERRO		18,0	1:43.38
		1 SUAREZ NOVOA PABLO	1991	50 - - - 26.17 26.17		
		2 SUAREZ NOVOA JAVIER	1992	100 - - - 51.83 25.66		
		3 GONZALEZ MANSO ROI	1987	150 - - - 1:18.46 26.63		
		4 GARCIA SOTO HECTOR	1985	200 - - - 1:43.38 24.92		
5	00617	A.D.FOGAR A	CARBALL		16,0	1:43.63
		1 VIAÑO VARELA MANUEL	1992	50 - - - 29.23 29.23		
		2 BALSA BALBOA PABLO	1993	100 - - - 50.66 21.43		
		3 MARTINEZ ROMAR DIEGO	1992	150 - - - 1:16.93 26.27		
		4 FACAL SANTOS NICOLAS	1992	200 - - - 1:43.63 1:43.63		

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6	00071	RCNVIGO A	RCNVIGO		14,0	1:44.02
		1 FERNANDEZ GONZALEZ DIEGO	1994	50 26.40 26.40		
		2 LEIRO ALVAREZ LUIS	1990	100 52.02 25.62		
		3 GONZALEZ RODRIGUEZ PABLO	1991	150 1:18.62 26.60		
		4 LAGO LOPEZ DIEGO	1991	200 1:44.02 25.40		
7	00784	CLUB NATACION GALAICO-SERCOY A	GALAICO		12,0	1:44.52
		1 PEREIRA IGLESIAS ERNESTO	1992	50 26.38 26.38		
		2 FERNANDEZ DOMINGUEZ, ANXO	1992	100 51.85 25.47		
		3 LORENZO SOTO IAGO	1992	150 1:17.84 25.99		
		4 ACEVEDO GARCIA MATIAS	1995	200 1:44.52 26.68		
8	00101	CLUB NATACION PABELLON ORENS B	POURENSE		10,0	1:46.24
		1 QUIROGA LORENZO ALEXANDRE	1993	50 27.05 27.05		
		2 BLANCO PEREZ ADRIAN	1994	100 53.36 26.31		
		3 QUIROGA RAMOS ECEQUIEL	1995	150 1:19.93 26.57		
		4 SUAREZ GARCIA MARIO	1993	200 1:46.24 1:46.24		
9	00784	C.N. GALAICO-SERCOYSA B	GALAICO		8,0	1:47.70
		1 RODRIGUEZ PENA ALEJANDRO	1992	50 27.45 27.45		
		2 FERNANDEZ NIETO CRISTIAN	1992	100 53.28 25.83		
		3 ALVAREZ MARTINEZ DAVID	1992	150 1:20.68 27.40		
		4 RODRIGUEZ IGNACIO ISAAC	1983	200 1:47.70 1:47.70		
10	00186	C.N. CORUÑA B	NCORUÑA		6,0	1:48.49
		1 BORRAZAS RUMBO MANUEL	1993	50 25.79 25.79		
		2 FERNANDEZ CURRAS JACOBO	1994	100 52.94 27.15		
		3 BUSTABAD PAZOS DANIEL	1986	150 1:19.24 26.30		
		4 IGNACIO CONDE DAVID	1994	200 1:48.49 29.25		

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11	00071	RCNVIGO B	RCNVIGO		4,0	1:48.97
	1	DURAN CERMEÑO ANDRES	1994	50 28.26 28.26		
	2	GOMEZ ECHEGARRAY BORJA	1989	100 54.74 26.48		
	3	PALAZON VAZQUEZ OSCAR	1991	150 1:21.33 26.59		
	4	PEREZ ALVAREZ VICTOR	1993	200 1:48.97 27.64		
00617	A.D.FOGAR B		CARBALL		0,0	BAJ

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1	077420795	VILARIÑO GARCIA XENIA	1991	GALAICO		15,0	9:21.02													
	50	32.16	100	1:06.34	150	1:41.02	200	2:15.89	250	2:51.21	300	3:26.79	350	4:02.38	400	4:37.85	450	5:13.25	500	5:48.34
		32.16		34.18		34.68		34.87		35.32		35.58		35.59		35.47		35.40		35.09
	550	6:23.82	600	6:59.35	650	7:34.71	700	8:14.25	750	8:14.25	800	9:21.02								
		35.48		35.53		35.36		39.54		0.00		1:06.7								
2	038448903	MONTES PEREZ LAURA PAOLA	1991	GALAICO		12,0	9:32.43													
	50	32.66	100	1:07.80	150	1:43.57	200	2:19.46	250	2:55.41	300	3:31.53	350	4:07.77	400	4:43.82	450	5:19.81	500	5:55.99
		32.66		35.14		35.77		35.89		35.95		36.12		36.24		36.05		35.99		36.18
	550	6:31.97	600	7:07.96	650	7:44.06	700	8:20.35	750	8:56.31	800	9:32.43								
		35.98		35.99		36.10		36.29		35.96		36.12								
3	047378614	GARCIA-PUERTAS TORAL ALEJANDRA	1995	NCORUÑA		10,0	9:36.98													
	50	31.88	100	1:06.88	150	1:42.71	200	2:18.63	250	2:55.15	300	3:31.41	350	4:08.20	400	4:44.24	450	5:20.64	500	5:57.07
		31.88		35.00		35.83		35.92		36.52		36.26		36.79		36.04		36.40		36.43
	550	6:33.72	600	7:10.77	650	7:47.55	700	8:24.15	750		800	9:36.98								
		36.65		37.05		36.78		36.60				9:36.9								
4	044659381	SANTISO PRADO ANA MARIA	1996	POURENSE		9,0	9:49.89													
	50	33.81	100	1:10.61	150	1:48.08	200	2:25.38	250	3:02.75	300	3:40.16	350	4:17.28	400	4:54.49	450	5:31.49	500	6:08.63
		33.81		36.80		37.47		37.30		37.37		37.41		37.12		37.21		37.00		37.14
	550	6:45.84	600	7:23.42	650	8:00.49	700	8:37.68	750	9:14.51	800	9:49.89								
		37.21		37.58		37.07		37.19		36.83		9:49.8								
5	032708842	SANCHEZ PALACIOS FATIMA	1994	CNFERRO		8,0	9:50.73													
	50	33.40	100	1:09.24	150	1:46.29	200	2:23.02	250	3:00.59	300	3:38.06	350	4:15.45	400	4:52.66	450	5:30.26	500	6:07.88
		33.40		35.84		37.05		36.73		37.57		37.47		37.39		37.21		37.60		37.62
	550	6:45.43	600	7:23.07	650	8:00.61	700	8:37.47	750	9:14.70	800	9:50.73								
		37.55		37.64		37.54		36.86		37.23		36.03								
6	047439904	SAKULSKI OTERO COSIMA	1995	NCORUÑA		7,0	9:52.86													
	50	32.99	100	1:08.96	150	1:46.30	200	2:23.83	250	3:01.30	300	3:38.45	350	4:16.18	400	4:53.04	450	5:30.59	500	6:08.38
		32.99		35.97		37.34		37.53		37.47		37.15		37.73		36.86		37.55		37.79
	550	6:46.02	600	7:23.68	650	8:01.37	700	8:38.60	750	9:16.42	800	9:52.86								
		37.64		37.66		37.69		37.23		37.82		36.44								
7	032719919	PRADA TELLADO MARTA	1993	CNFERRO		6,0	9:54.13													
	50	33.97	100	1:09.49	150	1:46.06	200	2:22.84	250	3:00.28	300	3:38.05	350	4:15.45	400	4:52.45	450	5:30.02	500	6:07.69
		33.97		35.52		36.57		36.78		37.44		37.77		37.40		37.00		37.57		37.67
	550	6:45.43	600	7:23.24	650	8:01.26	700	8:38.95	750	9:17.14	800	9:54.13								
		37.74		37.81		38.02		37.69		38.19		36.99								
8	076735172	GARCIA OTERO PAULA	1994	POURENSE		5,0	10:03.31													
	50	33.74	100	1:10.70	150	1:48.27	200	2:29.61	250	3:03.22	300	3:40.71	350	4:18.66	400	4:56.70	450	5:35.13	500	6:13.65
		33.74		36.96		37.57		41.34		33.61		37.49		37.95		38.04		38.43		38.52
	550	6:52.12	600	7:30.56	650	8:08.75	700	8:47.38	750	9:25.77	800	10:03.31								
		38.47		38.44		38.19		38.63		38.39		37.54								
9	077010196	TORNERO VIÑAS INES	1993	RCNVIGO		4,0	10:09.00													
	50	33.53	100	1:10.53	150	1:48.81	200	2:26.78	250	3:04.67	300	3:42.83	350	4:21.27	400	5:00.06	450	5:39.00	500	6:18.02
		33.53		37.00		38.28		37.97		37.89		38.16		38.44		38.79		38.94		39.02
	550	6:56.99	600	7:36.12	650	8:14.66	700	8:53.87	750	9:32.34	800	10:09.00								
		38.97		39.13		38.54		39.21		38.47		36.66								
10	039451189	RODRIGUEZ RODRIGUEZ NEREA	1992	CARBALL		3,0	10:09.79													
	50	34.37	100	1:11.84	150	1:49.50	200	2:27.41	250	3:05.09	300	3:43.34	350	4:21.64	400	5:00.35	450	5:38.86	500	6:17.56
		34.37		37.47		37.66		37.91		37.68		38.25		38.30		38.71		38.51		38.70
	550	6:56.84	600	7:35.58	650	8:14.87	700	8:53.95	750	9:33.01	800	10:09.79								
		39.28		38.74		39.29		39.08		39.06		36.78								

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11	039463026	FIGUEROA POUSA PAULA	1993	RCNVIGO		2,0	10:46.16
50	35.31	100 1:13.48	150 1:53.63	200 2:33.49	250 3:13.88	300 3:54.38	350 4:34.99
	35.31	38.17	40.15	39.86	40.39	40.50	40.61
550	7:20.52	600 8:02.67	650 8:44.54	700 9:26.51	750 10:07.07	800 10:46.16	
	41.43	42.15	41.87	41.97	40.56	39.09	
12	079342224	BAÑA CALVO LETICIA	1994	CARBALL		1,0	10:46.30
50	35.06	100 1:12.84	150 1:52.74	200 2:33.63	250 3:14.99	300 3:56.22	350 3:56.22
	35.06	37.78	39.90	40.89	41.36	41.23	0.00
550	7:24.79	600 8:06.40	650 8:46.80	700 9:27.20	750 10:17.51	800 10:46.30	400 5:19.50
	41.57	41.61	40.40	40.40	50.31	28.79	1:23.2
							59.87
							23.85

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1	032712815	SUAREZ VILELA LUIS MANUEL	1987	CNFERR		28.37	58.82	1:59.58		15,0	1:59.58
						28.37	30.45	1:00.7			
2	045862302	TABOADA VILA ALBERTO	1987	POUREN		27.91	58.85	2:00.62		12,0	2:00.62
						27.91	30.94	1:01.7			
3	045872418	MARTINEZ ROMAR DIEGO	1992	CARBALL		29.65	1:01.84	2:03.77		10,0	2:03.77
						29.65	32.19	1:01.9			
4	032716548	SANJUAN OTERO MIGUEL	1991	CNFERR		28.49	59.06	2:04.14		9,0	2:04.14
						28.49	30.57	1:05.0			
5	053182810	LORENZO SOTO IAGO	1992	GALAICO				2:05.18		8,0	2:05.18
								2:05.1			
6	054150879	BALSA BALBOA PABLO	1993	CARBALL		28.83	1:00.49	2:05.32		7,0	2:05.32
						28.83	31.66	1:04.8			
7	035574866	FERNANDEZ GONZALEZ DIEGO	1994	RCNVIGO		28.67	1:00.72	2:05.89		6,0	2:05.89
						28.67	32.05	1:05.1			
8	044484991	BALSA PEREZ PABLO ROI	1991	POUREN		29.51		2:07.32		5,0	2:07.32
						29.51		2:07.3			
9	032704415	TEJEIRO FRAGUELA MARCOS	1989	NCORUÑ		29.29	1:01.45	2:07.74		4,0	2:07.74
						29.29	32.16	1:06.2			
10	077461179	PEREIRA IGLESIAS ERNESTO	1992	GALAICO		28.70	1:43.33	2:07.81		3,0	2:07.81
						28.70	1:14.6	24.48			
11	076417962	BUSTABAD PAZOS DANIEL	1986	NCORUÑ		30.39	1:04.68	2:13.44		2,0	2:13.44
						30.39	34.29	1:08.7			
12	039462065	DURAN CERMEÑO ANDRES	1994	RCNVIGO		30.10	1:09.03	2:16.41		1,0	2:16.41
						30.10	38.93	1:07.3			

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ASTIAGUEIRO - A CORUÑA

Datos técnicos: Piscina de 25 m., Cronometraje Manual

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RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado
1	044664302	ALVAREZ LIZ IRIA	1993	POUREN	50 36.94 100 1:15.96 36.94 39.02	15,0	1:15.96
2	039452212	LAMEIRO LOPEZ MARIA	1994	RCNVIGO	50 35.76 100 1:16.70 35.76 40.94	12,0	1:16.70
3	044498948	LIPPO DE LA TORRE ESTEFANIA	1993	POUREN	50 36.97 100 1:17.22 36.97 40.25	10,0	1:17.22
4	036175651	DOMINGUEZ RODRIGUEZ TATIANA	1984	GALAICO	50 36.97 100 1:18.66 36.97 41.69	9,0	1:18.66
5	032716517	SEDES MARTINEZ ALDARA	1994	CNFERR	50 38.05 100 1:21.08 38.05 43.03	8,0	1:21.08
6	077403845	CRESPO GONZALEZ MIRIAM	1990	GALAICO	50 38.13 100 1:21.26 38.13 43.13	7,0	1:21.26
7	048110420	IGLESIAS RODRIGUEZ BEATRIZ	1994	NCORUÑ	50 39.34 100 1:22.50 39.34 43.16	6,0	1:22.50
8	053304409	CARBALLO REY LARA	1991	NCORUÑ	50 40.23 100 1:23.30 40.23 43.07	5,0	1:23.30
9	032715887	SOBRADO CANOSA NOA	1994	CNFERR	50 39.22 100 1:24.30 39.22 45.08	4,0	1:24.30
10	039452213	LAMEIRO LOPEZ ANTIA	1996	RCNVIGO	50 41.70 100 1:27.73 41.70 46.03	3,0	1:27.73
11	079342224	BAÑA CALVO LETICIA	1994	CARBALL	50 42.31 100 1:30.25 42.31 47.94	2,0	1:30.25
12	047435265	TARRIO MANGAS BALBINA	1994	CARBALL	50 46.08 100 1:38.12 46.08 52.04	1,0	1:38.12

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RK	Licencia	Nombre	Año	Club	T.R.		Pts.	Resultado
1	044840373	CAAMAÑO GOMEZ DANIEL	1982	POUREN	50	30.82   1:04.09 30.82   33.27	15,0	1:04.09
2	053195505	LEIRO ALVAREZ LUIS	1990	RCNVIGO	50	31.26   1:05.20 31.26   33.94	12,0	1:05.20
3	053169149	BORRAZAS RUMBO MANUEL	1993	NCORUÑ	50	31.91   1:09.23 31.91   37.32	10,0	1:09.23
4	039455254	FERNANDEZ DOMINGUEZ, ANXO	1992	GALAICO	50	32.88   1:10.13 32.88   37.25	9,0	1:10.13
5	047377400	SUAREZ HORTAS ANTON	1993	NCORUÑ	50	33.34   1:10.35 33.34   37.01	8,0	1:10.35
6	053304780	FACAL SANTOS NICOLAS	1992	CARBALL	50	33.52   1:10.45 33.52   36.93	7,0	1:10.45
7	032715428	SUAREZ NOVOA JAVIER	1992	CNFERR	50	33.43   1:11.19 33.43   37.76	6,0	1:11.19
8	032698446	GARCIA SOTO HECTOR	1985	CNFERR	50	33.83   1:12.00 33.83   38.17	5,0	1:12.00
9	044474954	RODRIGUEZ FERRO ALVARO	1993	POUREN	50	34.12   1:12.20 34.12   38.08	4,0	1:12.20
10	039463816	PALAZON VAZQUEZ OSCAR	1991	RCNVIGO	50	34.21   1:14.31 34.21   40.10	3,0	1:14.31
11	047403077	GARCIA DOPORTO DIEGO	1994	CARBALL	50	35.79   1:16.88 35.79   41.09	2,0	1:16.88
12	053115755	AMARO PINTOS ROMAN	1992	GALAICO	50	35.39   1:17.67 35.39   42.28	1,0	1:17.67

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ASTIAGUEIRO - A CORUÑA

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RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado
1	047373478	FRANCO CAL ALBA	1991	GALAICO	50' 30.16'	15,0	30.16
2	079340609	MARTINEZ CANOSA RAQUEL	1991	NCORUÑ	50' 30.30'	12,0	30.30
3	044655718	RAÑA RUIZ MARIA ISABEL	1992	POUREN	50' 31.06'	10,0	31.06
4	047388995	DEL RIO REGUEIRA SARA	1991	CARBALL	50' 31.55'	9,0	31.55
5	053304409	CARBALLO REY LARA	1991	NCORUÑ	50' 31.59'	7,5	31.59
5	032698448	GARCIA SOTO PATRICIA	1991	CNFERR	50' 31.59'	7,5	31.59
7	044482004	BLANCO SEARA LAURA	1995	POUREN	50' 31.87'	6,0	31.87
8	036156233	PALLARES PEREIRA ANA	1980	GALAICO	50' 32.10'	5,0	32.10
9	032720463	RIVERA ALLEGUE SARAI	1994	CNFERR	50' 32.41'	4,0	32.41
10	053196060	LAGO LOPEZ RAQUEL	1995	RCNVIGO	50' 33.20'	3,0	33.20
11	032818304	BARBEITO DOMINGUEZ MARTA	1984	CARBALL	50' 34.17'	2,0	34.17
12	039464048	MOURIÑO LOMBA SABELA	1997	RCNVIGO	50' 36.06'	1,0	36.06

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ASTIAGUEIRO - A CORUÑA

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RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado
1	032698447	GARCIA SOTO MARCOS	1988	CNFERR	50 - 25.07 25.07	15,0	25.07
2	032698446	GARCIA SOTO HECTOR	1985	CNFERR	50 - 27.30 27.30	12,0	27.30
3	053196024	LAGO LOPEZ DIEGO	1991	RCNVIGO	50 - 27.44 27.44	10,0	27.44
4	047370289	LOPEZ ARTABE JAVIER	1984	NCORUÑ	50 - 27.57 27.57	8,0	27.57
5	045862302	TABOADA VILA ALBERTO	1987	POUREN	50 - 27.57 27.57	9,0	27.57
6	044474954	RODRIGUEZ FERRO ALVARO	1993	POUREN	50 - 28.97 28.97	7,0	28.97
7	076417962	BUSTABAD PAZOS DANIEL	1986	NCORUÑ	50 - 29.51 29.51	6,0	29.51
8	077407928	RODRIGUEZ IGNACIO ISAAC	1983	GALAICO	50 - 29.51 29.51	5,0	29.51
9	039461876	GONZALEZ RODRIGUEZ PABLO	1991	RCNVIGO	50 - 29.75 29.75	4,0	29.75
10	036167193	ALVAREZ MARTINEZ DAVID	1992	GALAICO	50 - 29.75 29.75	3,0	29.75
11	048111644	IMIA ROIBAS ESTEBAN	1994	CARBALL	50 - 31.74 31.74	2,0	31.74
12	053304780	FACAL SANTOS NICOLAS	1992	CARBALL	50 - 32.19 32.19	1,0	32.19

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ASTIAGUEIRO - A CORUÑA

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RK	Licencia	Nombre	Año	Club	T.R.	50	100	150	200	Pts.	Resultado
1	077464997	GOMEZ CORTES BEATRIZ	1994	GALAICO		33.81	1:10.30	2:22.52		15,0	2:22.52
						33.81	36.49	1:12.2			
2	077415840	RODIÑO MAQUIEIRA NEREA	1989	GALAICO		33.50	1:10.35	2:24.31		12,0	2:24.31
						33.50	36.85	1:13.9			
3	032699263	VILLAR CAINZOS CLAUDIA	1992	CNFERR		33.85	1:10.52	2:25.63		10,0	2:25.63
						33.85	36.67	1:15.1			
4	079340609	MARTINEZ CANOSA RAQUEL	1991	NCORUÑ		34.19	1:10.98	2:26.06		9,0	2:26.06
						34.19	36.79	1:15.0			
5	044664302	ALVAREZ LIZ IRIA	1993	POUREN		37.57	1:15.71	2:31.86		8,0	2:31.86
						37.57	38.14	1:16.1			
6	054129129	VILAR SANCHEZ CLAUDIA	1993	NCORUÑ		36.77	1:15.10	2:32.63		7,0	2:32.63
						36.77	38.33	1:17.5			
7	032717737	ROMERO CARREY REBECA	1994	CNFERR		36.55	1:15.99	2:36.19		6,0	2:36.19
						36.55	39.44	1:20.2			
8	047388995	DEL RIO REGUEIRA SARA	1991	CARBALL		36.31	1:15.47	2:36.29		5,0	2:36.29
						36.31	39.16	1:20.8			
9	047388082	MARTINEZ PIÑEIRO LAURA	1991	CARBALL		36.98	1:16.90	2:39.22		4,0	2:39.22
						36.98	39.92	1:22.3			
10	039463026	FIGUEROA POUSA PAULA	1993	RCNVIGO		37.71	1:18.92	2:41.59		3,0	2:41.59
						37.71	41.21	1:22.6			
11	044493027	CRUZ MOURE CRISTINA	1996	POUREN		38.29	1:19.63	2:42.48		2,0	2:42.48
						38.29	41.34	1:22.8			
12	053196060	LAGO LOPEZ RAQUEL	1995	RCNVIGO		38.71	1:20.87	2:43.64		1,0	2:43.64
						38.71	42.16	1:22.7			

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Datos técnicos: Piscina de 25 m., Cronometraje Manual

ASTIAGUEIRO - A CORUÑA

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RK	Licencia	Nombre	Año	Club	T.R.	50	100	150	200	Pts.	Resultado
1	047374620	VIAÑO VARELA MANUEL	1992	CARBALL		30.77	1:52.28	2:11.63		15,0	2:11.63
						30.77	1:21.5	19.35			
2	044479752	SUAREZ GARCIA MARIO	1993	POUREN		31.88	1:04.87	2:12.43		12,0	2:12.43
						31.88	32.99	1:07.5			
3	032845617	DOMINGUEZ LASHERAS JESUS	1983	NCORUÑ		32.78	1:07.91	2:14.25		10,0	2:14.25
						32.78	35.13	1:06.3			
4	053195505	LEIRO ALVAREZ LUIS	1990	RCNVIGO		32.40	1:07.59	2:14.39		9,0	2:14.39
						32.40	35.19	1:06.8			
5	077404524	FERNANDEZ NIETO CRISTIAN	1992	GALAICO		32.31	1:06.28	2:15.14		8,0	2:15.14
						32.31	33.97	1:08.8			
6	032691246	FERNANDEZ DOMINGUEZ ALBERTO	1987	CNFERR		33.67	1:09.27	2:18.58		7,0	2:18.58
						33.67	35.60	1:09.3			
7	035574866	FERNANDEZ GONZALEZ DIEGO	1994	RCNVIGO		33.27	1:09.27	2:18.91		6,0	2:18.91
						33.27	36.00	1:09.6			
8	039451572	RODRIGUEZ PENA ALEJANDRO	1992	GALAICO		32.06	1:07.99	2:18.98		5,0	2:18.98
						32.06	35.93	1:10.9			
9	044484991	BALSA PEREZ PABLO ROI	1991	POUREN		33.04	1:08.46	2:21.91		4,0	2:21.91
						33.04	35.42	1:13.4			
10	048111644	IMIA ROIBAS ESTEBAN	1994	CARBALL		33.49	1:10.45	2:25.57		3,0	2:25.57
						33.49	36.96	1:15.1			
11	032719199	CASTRO PEREZ ALEXANDRE	1995	CNFERR		35.41	1:13.64	2:32.44		2,0	2:32.44
						35.41	38.23	1:18.8			
12	054127422	CAMPOS VARELA SERGIO	1996	NCORUÑ		36.10	1:16.44	2:36.95		1,0	2:36.95
						36.10	40.34	1:20.5			

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ASTIAGUEIRO - A CORUÑA

Datos técnicos: Piscina de 25 m., Cronometraje Manual

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RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado
1	047388661	PEREZ Y FERNANDEZ DE CORD A.	1991	NCORUÑA		15,0	5:09.52
		50 33.32   100 1:12.40   200 3:35.20   300 3:56.02   400 5:09.52					
		33.32   39.08   1:41.2   41.04   1:13.5					
2	077416318	VALIÑAS MONTEAGUDO LAURA	1994	GALAICO		12,0	5:10.44
		50 34.18   100 1:12.41   200 2:32.82   300 4:01.06   400 5:10.44					
		34.18   38.23   39.48   44.41   1:09.3					
3	077420795	VILARIÑO GARCIA XENIA	1991	GALAICO		10,0	5:12.27
		50 33.20   100 1:10.99   200 2:35.97   300 4:05.88   400 5:12.27					
		33.20   37.79   41.95   45.06   1:06.3					
4	044659339	PIMENTEL PEREZ LAURA	1993	POURENSE		9,0	5:12.93
		50 33.16   100 1:11.09   200 2:30.11   300 4:03.46   400 5:12.93					
		33.16   37.93   0.00   46.45   1:09.4					
5	047404170	ABELEDU MAQUIEIRA LUISA MARIA	1992	NCORUÑA		8,0	5:17.30
		50 32.79   100 1:10.56   200 2:32.09   300 4:09.13   400 5:17.30					
		32.79   37.77   40.31   51.30   1:08.1					
6	032698448	GARCIA SOTO PATRICIA	1991	CNFERRO		7,0	5:24.78
		50 33.46   100 1:11.45   200 2:35.02   300 4:08.69   400 5:24.78					
		33.46   37.99   41.34   47.74   1:16.0					
7	044458714	PRESAS PEREZ SANDRA	1990	POURENSE		6,0	5:34.18
		50 35.60   100 1:18.20   200 2:38.63   300 4:18.45   400 5:34.18					
		35.60   42.60   39.45   50.22   1:15.7					
8	079343053	NEBRIL NEBRIL SONIA	1994	CNFERRO		5,0	5:36.63
		50 36.39   100 1:19.96   200 2:47.17   300 4:22.60   400 5:36.63					
		36.39   43.57   42.76   47.96   1:14.0					
9	039464048	MOURIÑO LOMBA SABELA	1997	RCNVIGO		4,0	6:00.19
		50 38.45   100 1:24.01   200 2:55.03   300 4:41.09   400 6:00.19					
		38.45   45.56   45.36   52.84   1:19.1					
10	054129310	DIAZ RODRIGUEZ ALBA	1997	CARBALL		3,0	6:12.13
		50 39.93   100 1:25.28   200 3:04.21   300 4:48.35   400 6:12.13					
		39.93   45.35   47.89   52.21   1:23.7					
11	049199743	BRAGE LOPEZ ANDREA	1997	CARBALL		2,0	6:17.25
		50 39.38   100 1:28.58   200 3:06.92   300 4:56.60   400 6:17.25					
		39.38   49.20   48.95   56.18   1:20.6					
	036159176	GOMEZ VENTAS LAURA	1991	RCNVIGO		0,0	BAJ

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ASTIAGUEIRO - A CORUÑA

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RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado
1	032698447	GARCIA SOTO MARCOS	1988	CNFERRO		15,0	4:36.99
		50 28.02   100 1:00.84   200 2:11.32   300 3:31.24   400 4:36.99					
		28.02   32.82   34.29   40.59   1:05.7					
2	039455254	FERNANDEZ DOMINGUEZ, ANXO	1992	GALAICO		12,0	4:45.31
		50 31.27   100 1:03.97   200 2:18.08   300 3:38.48   400 4:45.31					
		31.27   32.70   36.91   40.64   1:06.8					
3	054151521	FERNANDEZ CURRAS JACOBO	1994	NCORUÑA		10,0	5:02.20
		50 39.66   100 1:50.55   200 2:23.91   300 3:55.31   400 5:02.20					
		39.66   1:10.8   38.64   46.12   1:06.8					
4	032712237	GONZALEZ MANSO ROI	1987	CNFERRO		9,0	5:02.91
		50 31.33   100 1:07.59   200 2:27.06   300 3:58.38   400 5:02.91					
		31.33   36.26   40.06   45.51   1:04.5					
5	054150879	BALSA BALBOA PABLO	1993	CARBALL		8,0	5:03.46
		50 30.88   100 1:09.00   200 2:24.82   300 3:54.05   400 5:03.46					
		30.88   38.12   37.65   44.82   1:09.4					
6	045141264	QUIROGA RAMOS ECEQUIEL	1995	POURENSE		7,0	5:06.57
		50 31.63   100 1:08.32   200 2:29.34   300 3:59.16   400 5:06.57					
		31.63   36.69   42.07   49.64   1:07.4					
7	047403077	GARCIA DOPORTO DIEGO	1994	CARBALL		6,0	5:08.35
		50 33.17   100 1:12.52   200 2:31.16   300 3:59.38   400 5:08.35					
		33.17   39.35   38.59   44.59   1:08.9					
8	036167193	ALVAREZ MARTINEZ DAVID	1992	GALAICO		5,0	5:11.38
		50 32.29   100 1:09.88   200 2:32.02   300 4:01.36   400 5:11.38					
		32.29   37.59   40.53   45.02   1:10.0					
9	991110004	SABUZ FORNEIRO MARTIN	1994	POURENSE		4,0	5:21.06
		50 33.56   100 1:14.13   200 2:36.57   300 4:12.28   400 5:21.06					
		33.56   40.57   42.26   47.67   1:14.3					
10	039462065	DURAN CERMEÑO ANDRES	1994	RCNVIGO		3,0	5:26.42
		50 33.52   100 1:13.10   200 2:37.88   300 4:12.12   400 5:26.42					
		33.52   39.58   42.26   47.67   1:14.3					
11	035575747	BAZ BAZ RUBEN	1995	RCNVIGO		2,0	5:33.82
		50 32.91   100 1:12.13   200 2:36.57   300 4:12.28   400 5:33.82					
		32.91   39.22   42.12   48.37   1:21.5					
12	048113909	IGNACIO CONDE DAVID	1994	NCORUÑA		1,0	5:42.77
		50 34.92   100 1:14.72   200 2:46.59   300 4:18.30   400 5:42.77					
		34.92   39.80   45.29   45.96   1:24.4					

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RK	Club	Nombre	Club	Pts.	Resultado
1	00784	C.N. GALAICO-SERCOYSA A	GALAICO	30,0	4:32.13
		50' 31.87'   100' 1:06.80'   200' 2:25.24'   300' 3:34.12'   400' 4:32.13'			
		31.87'   34.93'   41.43'   36.88'   58.01'			
2	00101	CLUB NATACION PABELLON ORENS A	POURENSE	24,0	4:32.73
		50' 33.20'   100' 1:09.99'   200' 2:25.91'   300' 3:32.28'   400' 4:32.73'			
		33.20'   36.79'   41.34'   35.32'   43.27'			
3	00674	CLUB NATACION FERROL A	CNFERRO	20,0	4:39.87
		50' 32.81'   100' 1:07.74'   200' 2:28.22'   300' 3:38.08'   400' 4:39.87'			
		32.81'   34.93'   43.29'   3:38.0'   1:01.7'			
4	00186	C.N. CORUÑA B	NCORUÑA	18,0	4:40.52
		50' 35.63'   100' 1:13.09'   200' 2:27.84'   300' 3:39.41'   400' 4:40.52'			
		35.63'   37.46'   38.96'   38.30'   1:01.1'			
5	00784	C.N. GALAICO B	GALAICO	16,0	4:43.94
		50' 35.67'   100' 1:13.10'   200' 2:33.97'   300' 4:12.08'   400' 4:43.94'			
		35.67'   37.43'   42.88'   1:02.2'   31.86'			
6	00186	CLUB NATACION CORUÑA A	NCORUÑA	14,0	4:44.90
		50' 33.31'   100' 1:10.11'   200' 2:33.70'   300' 3:41.52'   400' 4:44.90'			
		33.31'   36.80'   44.33'   36.17'   1:03.3'			
7	00674	C.N. FERROL B	CNFERRO	12,0	4:49.59
		50' 35.41'   100' 1:13.39'   200' 2:32.21'   300' 3:45.10'   400' 4:49.59'			
		35.41'   37.98'   41.41'   3:45.1'   1:04.4'			
8	00101	C.N. PABELLON ORENSE B	POURENSE	10,0	4:50.99
		50' 34.48'   100' 1:11.46'   200' 2:34.42'   300' 3:47.19'   400' 4:50.99'			
		34.48'   36.98'   44.04'   38.83'   1:03.8'			
9	00617	A.D. FOGAR A	CARBALL	8,0	4:53.94
		50' 35.82'   100' 1:14.57'   200' 2:37.64'   300' 3:50.31'   400' 4:53.94'			
		35.82'   38.75'   44.30'   3:50.3'   4:53.9'			
10	00071	RCNVIGO A	RCNVIGO	6,0	4:55.87
		50' 35.59'   100' 1:14.70'   200' 2:31.27'   300' 3:52.10'   400' 4:55.87'			
		35.59'   39.11'   41.01'   3:52.1'   1:03.7'			
11	00617	A.D.FOGAR B	CARBALL	4,0	5:28.63
		50' 36.78'   100' 1:16.68'   200' 2:52.83'   300' 4:21.80'   400' 5:28.63'			
		36.78'   39.90'   32.53'   4:21.8'   5:28.6'			
12	00071	RCNVIGO B	RCNVIGO	2,0	5:29.45
		50' 38.85'   100' 1:22.19'   200' 2:51.00'   300' 4:14.27'   400' 5:29.45'			
		38.85'   43.34'   47.51'   45.67'   1:15.1'			

RT: Retirado

DES: Descualificado

NP: Non presentado

BAJ: Baixa



**RESULTADOS**

**44 - 4x100 ESTILOS MASCULINO**

**COPA CLUBES PRE PROG C, 06/02/2010**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**BASTIAGUEIRO - A CORUÑA  
06/02/2010**

RK	Club	Nombre	Club	T.R.	Pts.	Resultado							
1	00674	CLUB NATACION FERROL A 1 SUAREZ VILELA LUIS MANUEL	CNFERRO 1987		30,0	4:01.44							
				50			29.09 29.09						
				100			1:01.02 31.93						
				200			2:11.49 37.90						
				300			3:06.33 29.49						
				400			4:01.44 55.11						
				2			00101	C.N. PABELLON ORENSE A 1 SUAREZ GARCIA MARIO	POURENSE 1993		24,0	4:01.44	
										50			30.09 30.09
										100			1:02.66 32.57
										200			2:06.19 34.20
										300			3:06.45 32.72
										400			4:01.44 54.99
3	00186	C.N. CORUÑA A 1 DOMINGUEZ LASHERAS JESUS	NCORUÑA 1983			20,0				4:09.58			
					50								28.99 28.99
					100								59.63 30.64



**RESULTADOS**

**44 - 4x100 ESTILOS MASCULINO**

**COPA CLUBES PRE PROG C, 06/02/2010**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**BASTIAGUEIRO - A CORUÑA  
06/02/2010**

	2	BORRAZAS RUMBO MANUEL	1993	200	2:08.45 37.33		
	3	BUSTABAD PAZOS DANIEL	1986	300	3:12.56 34.80		
	4	LOPEZ ARTABE JAVIER	1984	400	4:09.58 57.02		
4	00071	<b>RCNVIGO A</b>	<b>RCNVIGO</b>			<b>18,0</b>	<b>4:12.02</b>
	1	LAGO LOPEZ DIEGO	1991	50	30.54 30.54		
				100	1:03.66 33.12		
	2	LEIRO ALVAREZ LUIS	1990	200	2:10.56 35.77		
	3	FERNANDEZ GONZALEZ DIEGO	1994	300	3:11.72 32.60		
	4	GONZALEZ RODRIGUEZ PABLO	1991	400	4:12.02 1:00.30		
5	00617	<b>A.D. FOGAR A</b>	<b>CARBALL</b>			<b>16,0</b>	<b>4:12.88</b>
	1	VIAÑO VARELA MANUEL	1992	50	28.29 28.29		
				100	1:00.26 31.97		
	2	FACAL SANTOS NICOLAS	1992	200	2:11.41 37.62		
	3	MARTINEZ ROMAR DIEGO	1992	300	3:16.94 35.20		



**RESULTADOS**

**44 - 4x100 ESTILOS MASCULINO**

**COPA CLUBES PRE PROG C, 06/02/2010**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**BASTIAGUEIRO - A CORUÑA  
06/02/2010**

		4	BALSA BALBOA PABLO	1993	400	4:12.88 55.94		
6	00784	1	CLUB NATACION GALAICO-SERCOY A FERNANDEZ NIETO CRISTIAN	GALAICO 1992	50	30.83 30.83	14,0	4:13.54
					100	1:03.40 32.57		
		2	FERNANDEZ DOMINGUEZ, ANXO	1992	200	2:12.59 36.93		
		3	ALVAREZ MARTINEZ DAVID	1992	300	3:17.35 34.94		
		4	PEREIRA IGLESIAS ERNESTO	1992	400	4:13.54 56.19		
7	00674	1	C.N. FERROL B FERNANDEZ DOMINGUEZ ALBERTO	CNFERRO 1987	50	30.29 30.29	12,0	4:18.97
					100	1:02.90 32.61		
		2	RODRIGUEZ PIÑON FERNANDO	1993	200	2:16.91 39.60		
		3	GARCIA SOTO HECTOR	1985	300	3:21.05 34.64		
		4	SUAREZ NOVOA PABLO	1991	400	4:18.97 57.92		
8	00784	1	GALAICO B RODRIGUEZ PENA ALEJANDRO	GALAICO 1992	50	31.33	10,0	4:23.90



**RESULTADOS**

**44 - 4x100 ESTILOS MASCULINO**

**COPA CLUBES PRE PROG C, 06/02/2010**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**BASTIAGUEIRO - A CORUÑA  
06/02/2010**

					31.33		
				100	1:04.56		
					33.23		
		2	AMARO PINTOS ROMAN	1992			
				200	2:20.29		
					41.24		
		3	ACEVEDO GARCIA MATIAS	1995			
				300	3:26.75		
					36.95		
		4	LORENZO SOTO IAGO	1992			
				400	4:23.90		
					57.15		
9	00186	C.N. CORUÑA B	NCORUÑA			8,0	4:24.99
		1 SUAREZ HORTAS ANTON	1993				
				50	30.93		
					30.93		
				100	1:03.48		
					32.55		
		2	TEIJEIRO FRAGUELA MARCOS	1989			
				200	2:14.44		
					38.32		
		3	FERNANDEZ CURRAS JACOBO	1994			
				300	3:18.48		
					34.60		
		4	IGNACIO CONDE DAVID	1994			
				400	4:24.99		
					1:06.51		
10	00101	CLUB NATACION PABELLON ORENS B	POURENSE			6,0	4:27.66
		1 BLANCO PEREZ ADRIAN	1994				
				50	31.63		
					31.63		
				100	1:06.25		
					34.62		
		2	SABUZ FORNEIRO MARTIN	1994			
				200	2:22.49		
					40.47		

**RESULTADOS**

**44 - 4x100 ESTILOS MASCULINO**

**COPA CLUBES PRE PROG C, 06/02/2010**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**BASTIAGUEIRO - A CORUÑA  
06/02/2010**

	3	BALSA PEREZ PABLO ROI	1991		300	3:29.41 36.42		
	4	QUIROGA LORENZO ALEXANDRE	1993		400	4:27.66 58.25		
11	00071	<b>RCNVIGO B</b>	<b>RCNVIGO</b>				4,0	4:38.74
	1	GOMEZ ECHEGARRAY BORJA	1989		50	34.06 34.06		
					100	1:09.80 35.74		
	2	MOSQUERA ESTEVEZ PABLO	1989		200	2:24.78 41.08		
	3	ACEVEDO IGLESIAS DIEGO	1992		300	3:33.27 37.35		
	4	FIGUEROA MARTINEZ OSCAR	1995		400	4:38.74 1:05.47		
00617		<b>A.D.FOGAR B</b>	<b>CARBALL</b>				0,0	BAJ



**COPA CLUBES PRE PROG C, 06/02/2010**

**ASTIAGUEIRO - A CORUÑA**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**ABSO**

Rank.	Club	Pts.
1	CLUB NATACION FERROL-ELINCO	304,5
2	CLUB NATACION GALAICO-SERCOYSA	303,0
3	CLUB NATACION PABELLON OURENSE	285,0
4	CLUB NATACION CORUÑA	266,5
5	A.D. FOGAR	159,0
6	REAL CLUB NAUTICO DE VIGO	153,0

